

The Guinea Pig Food Fridge Chart

Hay first. Vitamin C every day. Treats only sometimes.

BAND 1

Always

Unlimited fresh grass hay; fresh clean water; measured guinea-pig pellets with vitamin C.

BAND 2

Daily vegetables

Rotate appropriate vegetables such as bell pepper, romaine, cucumber and zucchini. Introduce new foods gradually.

BAND 3

Occasionally

Small fruit pieces or carrot treats; some other greens in rotation depending on health needs. Pumpkin: vet-reviewed seasonal extra only.

BAND 4

Avoid

Onion/garlic, potato, avocado, tomato leaves/stems, chocolate, dairy, nuts, seeds, processed snacks, lawn clippings; avoid iceberg lettuce.

Always check with a guinea-pig-experienced veterinarian about diet questions, illness, urinary problems and young or pregnant animals. If appetite or droppings change abruptly, seek prompt veterinary advice.

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